

# PATIENT CARD

## Epival® (Sodium Valproate)

**Contraception and Pregnancy Prevention – Important information to know this applies to all girls and women using valproate and who could become pregnant. Keep this card safe so you always know what to do.**

- Valproate is an effective medicine for epilepsy.
- Valproate can seriously harm an unborn baby when taken during pregnancy.
- Always use effective contraception at all times during your treatment with valproate.
- It is important to visit your specialist to review your treatment at least once each year.

### What you must do

- Read the package leaflet carefully before use.
- Never stop taking valproate without discussing it with your doctor as your condition may become worse.
- If you are thinking about having a baby, do not stop using valproate and contraception before you have talked to your doctor.
- If you think you are pregnant, do not stop using valproate. Make an urgent appointment with your GP.
- Ask your doctor to give you the Patient Guide for “**prevent**” – the valproate pregnancy prevention programme.

### Call for reporting

Report suspected adverse drug reactions associated with Epival® (Sodium Valproate) by contacting:

#### **Local representative / Cigalah Group**

Sharafiyah District - Al Yousfia Building

P.O. Box 19435 - Ali Bin Abi Taleb Street, Jeddah, 21435 Saudi Arabia Tel:

+966-12-6148259 - Mob: +966-539455825 - Fax: +966-12-6148458 Email:

drug-safety@cigalah.com.sa - moghamdi@cigalah.com.sa

#### **The National Pharmacovigilance Centre (NPC) Saudi Food and Drug Authority (SFDA)**

SFDA call center: 19999

Toll free phone: 8002490000 - Fax: +966-11-2057662

E-mail: npc.drug@sfda.gov.sa - Website: <http://ade.sfda.gov.sa/>

### References

1. Epival® Leaflet