

**Zeyzelf® (rivastigmine) twice weekly
transdermal patches**



Pharma

Patient reminder card

INSTRUCTIONS FOR USE AND PATIENT DIARY

**To be provided to patients who have been prescribed
Zeyzelf® (rivastigmine) twice weekly transdermal patch
(rivastigmine transdermal system)**

**These Instructions for Use and Medication Record Sheets are essential to ensure the
safe and effective use of Zeyzelf and appropriate management of the important
selected risks.**

Instructions for use:

- These Instructions for Use and Medication Record Sheets are essential to ensure the correct use of rivastigmine twice weekly transdermal patch.
- If you have any questions or require more information, please read the package information leaflet that came with the medicine.
- If you are not sure about anything, please ask your doctor or pharmacist.

Indication:

- Rivastigmine twice weekly transdermal patch is indicated for Symptomatic treatment of mild to moderately severe Alzheimer's dementia in adults.

Instructions for use:

Important to remember

Rivastigmine twice weekly transdermal patch needs to be applied 2 times a week as it can deliver rivastigmine consistently for up to four days.

An oval adhesive cover patch is stuck over the rivastigmine patch to ensure that it does not fall.

It is important to follow a rotation schedule to ensure that the patient receives a consistent dose during treatment.

Replace the skin patches twice a week on two fixed days; at the latest after 4 days:

Monday and Friday **OR**

Tuesday and Saturday **OR**

Wednesday and Sunday **OR**

Thursday and Monday **OR**

Friday and Tuesday **OR**

Saturday and Wednesday **OR**

Sunday and Thursday

Do not cut rivastigmine twice weekly transdermal patch into pieces.

Take off the previous patches before putting **ONE** new transdermal patch and one adhesive cover on.

Press the rivastigmine twice weekly transdermal patch firmly in place for at least 15 seconds using the palm of the hand, then press the adhesive cover down firmly for at least 30 seconds.

The highest dose of rivastigmine twice weekly transdermal patch is 9.5mg/24h. To achieve higher doses other rivastigmine patch products should be used.

Instructions for use:

How to apply rivastigmine twice weekly transdermal patch

The application always begins with rivastigmine twice weekly transdermal patch.
Its sachet is smaller than that of the adhesive cover

1.

Carefully remove the existing patch before putting on one new patch.



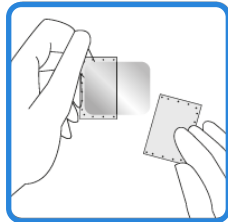
2.

Remove rivastigmine twice weekly transdermal patch from the sachet by using scissors.



3.

Peel off one side of the protective liner and do not touch the sticky part of the patch with the fingers.



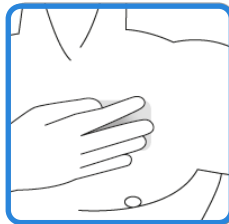
4.

Put the sticky side of the patch on the upper or lower back, upper arm or chest (the breast should be avoided) and then peel off the second side of the protective liner.



5.

Then press the patch firmly in place for about 15 seconds using the palm of the hand to make sure that the edges stick well.



6.

After applying the rivastigmine twice weekly transdermal patch, the adhesive cover should be applied. Instructions are continued on the next page.

Instructions for use:

How to apply the oval adhesive cover/protective plaster

Continue with the application of the oval protective plaster.
Its sachet is bigger than that of rivastigmine twice weekly transdermal patch.

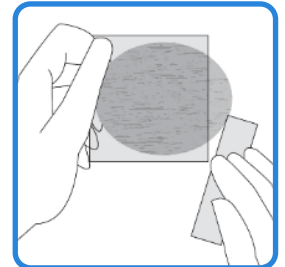
7.

Remove the oval, beige protective plaster from the sachet by using scissors.



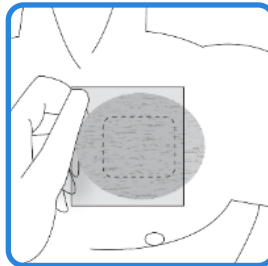
8.

Peel off the smaller side of the protective liner and do not touch the sticky part of the patch with the fingers.



9.

Cover the rivastigmine twice weekly transdermal patch completely with its beige protective plaster by putting the sticky side on the already attached transdermal patch and peel off the second half of the protective liner.



10.

Then press the plaster firmly at least for 30 seconds using the palm of the hand to make sure that the edges stick well.



Medication record sheets:

How to use this patient diary		Where to apply / Application zones	
• Use this medication record sheet to keep track of when you apply and take off a rivastigmine twice weekly transdermal patch. • Tick the box when you have removed the old patch. • Fill in the date and day you apply the new patch. • Fill in the letter of the application zone where you have applied the new patch. • If you have any questions or require more information, please read the package information leaflet that came with the medicine. • If you are not sure about anything, please ask your doctor or pharmacist.		Front -or- A B C D -or- E F G H Back The patches should be replaced at the same time of day. Before putting one new patch on, remove the previous patch and protective cover. Replace the transdermal patches twice a week (on two fixed days); at the latest after 4 days and apply <u>one</u> new patch to <u>one</u> of the zones highlighted in the picture. You can use the same zone (A or B or C or D or E or F or G or H), but do not use the same exact spot within the same zone. The breast should be avoided.	
You should change the patches on <u>two fixed days</u> :		Monday and Friday OR	
		Tuesday and Saturday OR	
		Wednesday and Sunday OR	
		Thursday and Monday OR	
		Friday and Tuesday OR	
		Saturday and Wednesday OR	
		Sunday and Thursday	

Medication record sheets:

Week	Old patch removed?	Date of application of new patch	Day of application of new patch	Application zone of new patch (letter)
	☒	13. February 2022	Sunday	A
	☒	17. February 2022	Thursday	B
1	☐			
	☐			
2	☐			
	☐			
3	☐			
	☐			
4	☐			
	☐			
5	☐			
	☐			
6	☐			
	☐			
7	☐			
	☐			
8	☐			
	☐			

Medication record sheets:

Week	Old patch removed?	Date of application of new patch	Day of application of new patch	Application zone of new patch (letter)
	☒	13. February 2022	Sunday	A
	☒	17. February 2022	Thursday	B
9	☐			
	☐			
10	☐			
	☐			
11	☐			
	☐			
12	☐			
	☐			
13	☐			
	☐			
14	☐			
	☐			
15	☐			
	☐			
16	☐			
	☐			

Reporting of side effects:

Read the Patient Information Leaflet (PIL) for more information about this medicine.

Please report suspected adverse drug reactions (ADRs) to the SFDA.
You can report via:

● Website: <https://ade.sfda.gov.sa/>



● E-mail: npc.drug@sfda.gov.sa

● Calling the National Pharmacovigilance Centre (NPC):
SFDA Call Center: 19999

Alternatively, you may also report ADRs directly to Luye through the email address below:

● E-mail: safety.ksa@luyesa.uk

When reporting please provide as much information as possible.

By reporting side effects, you can help provide more information on the safety of this medicine.

